

**REUNITING  
THE CHILDREN OF ABRAHAM**

**COMMUNICATION GUIDELINES  
THE 7 RULES OF PEACE**

**We are here to create in the words of Martin Luther King “the beloved community, where everyone is modeling and reinforcing respect, understanding, acceptance and empathy so we can create an atmosphere of safety and trust”.**

- 1. Put understanding others first, being heard second.**
- 2. Be respectful...no insulting.... judging ... criticizing or blaming.**
- 3. Only one person speaks at a time.**
- 4. There are no wrong answers...share honestly.**
- 5. Share your own experiences. Try to speak in the first person... begin each sentence with “I feel” or “I believe”.**
- 6. Share only once, until all participants have a chance to share.**
- 7. Open your mind and heart. Honor the thoughts, beliefs and feelings of others, especially when they are different than yours.**

**TOGETHER WE CAN CHOOSE TO FOSTER PEACE**

**TOGETHER WE CAN BE THE MIRACLE THE WORLD NEEDS**

**Signature\_\_\_\_\_**